

METRO UMC MESSENGER



OCTOBER 16, 2024

ABOUT US

VISION STATEMENT

*Transforming the World
through Jesus Christ*

MISSION STATEMENT

*Passionate Christians Making
Disciples of Jesus Christ*



MESSAGE FROM THE PASTOR

Dear Friends,

Greetings in the name of our Lord and Savior, Jesus Christ. I hope this letter finds you well and filled with His grace and peace. I am writing to you to encourage you to explore, engage, and enrich your spiritual lives by finding a ministry that resonates with your God-given talents and passions.

The Apostle Paul reminds us in 1 Corinthians 12:12-14, "For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and all were made to drink of one Spirit. For the body does not consist of one member but of many." This scripture beautifully illustrates that we are all integral parts of the body of Christ, each with unique gifts and roles to play.

As you research the ministries that Metropolitan has to offer, I encourage you to prayerfully consider where God is calling you to serve. Whether you are inclined towards teaching, hospitality, outreach, music, or any other area, there is a place for you to contribute meaningfully and grow spiritually.

Let us collectively seek the guidance of the Holy Spirit to lead us to the ministries where we can best serve His kingdom. Your participation not only strengthens our church community but also reflects the love of Christ to the wider world.

May we all be inspired by Ephesians 4:11-12, "And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip the saints for the work of ministry, for building up the body of Christ." Together, let us build up the body of Christ with joy, dedication, and unity.

In His Service,

Pastor Faye



Pastor Faye

THANK YOU

...AND HE GAVE

some, apostles; some prophets; and
some, evangelists; and some,
PASTORS and teachers...

PASTOR APPRECIATION MONTH

DISCOVERING YOUR PLACE IN MINISTRY: A GUIDE TO FINDING YOUR CALLING

As we approach our annual Ministry Fair, it's a wonderful time to reflect on how we can serve God and our community. The Ministry Fair is an opportunity for each member of our congregation to discover where their unique talents and passions can contribute to the life of our church. Let us delve into the significance of ministry, the scriptural basis for service, and practical steps to finding the right ministry for you.

Understanding Ministry

At its core, ministry is about service. The word "ministry" comes from the Latin word "ministerium," meaning "service." In a Christian context, it refers to acts of service done in the name of Jesus Christ to further God's kingdom. This can manifest in various forms, from teaching and preaching to hospitality and outreach.

Scriptural Foundation

The Bible provides a rich tapestry of teachings on the importance of ministry. In 1 Peter 4:10, we are reminded, "As each has received a gift, use it to serve one another, as good stewards of God's varied grace." This scripture emphasizes that every believer has been endowed with gifts meant to serve others and glorify God.

Similarly, Romans 12:4-6a states, "For as in one body we have many members, and the members do not all have the same function, so we, though many, are one body in Christ, and individually members one of another. Having gifts that differ according to the grace given to us, let us use them." Here, Paul encourages us to recognize our diverse gifts and use them to build up the body of Christ.

Finding the Right Ministry

- **Prayer and Reflection:** Begin by seeking God's guidance through prayer. Ask Him to reveal where He wants you to serve. Reflect on your interests, skills, and experiences to identify areas where you feel called.
- **Explore and Engage:** Attend the Ministry Fair with an open heart and mind. Take the time to visit different booths, speak with ministry leaders, and gather information. This is a great opportunity to ask questions and understand the mission and needs of each ministry.
- **Start Small:** If you're unsure where to begin, consider starting with a short-term commitment or a one-time event. This allows you to test the waters and see if a particular ministry aligns with your gifts and passions.
- **Seek Counsel:** Don't hesitate to seek advice from trusted friends, mentors, or church leaders. They can offer valuable insights and help you discern your calling.
- **Commit and Grow:** Once you find a ministry that resonates with you, make a commitment to serve faithfully. Remember, ministry is not just about what you can give, but also about how God will use this experience to grow you spiritually.

Examples of Ministries

- **Teaching and Discipleship:** Sunday School, Bible studies, youth groups.
- **Worship and Arts:** Choir, worship band, drama team.
- **Hospitality and Fellowship:** Greeters, ushers, coffee hour hosts.
- **Outreach and Service:** Food pantry, community service projects, mission trips.

In conclusion, serving in a ministry is a profound way to live out your faith and contribute to the church's mission. As Ephesians 2:10 reminds us, "For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them." Let us walk in the good works God has prepared for us, strengthening our church and shining His light to the world.

May God bless you as you seek to serve Him in new and meaningful ways.



PRAYER REQUESTS

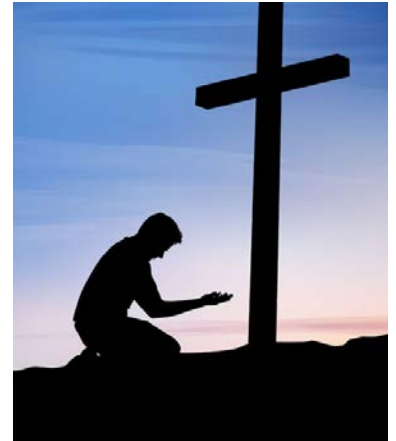
As we come together in faith and fellowship, let us remember the power of collective prayer. The Bible reminds us in James 5:16, "Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective." With hearts full of love and compassion, we lift up the needs of our community, trusting in God's grace and mercy to bring healing, comfort, and strength.

In this spirit, we invite you to join our prayer list, a sacred space where we can lift each other up in times of need, gratitude, and celebration. Whether you are seeking healing, guidance, comfort, or simply wish to offer praise, your intentions are welcome here. Please take a moment to reflect upon the following prayer requests and join us in lifting these concerns to our Heavenly Father.

We would like to pray for:

Aaron Kane
Frank Boone
Girard and Edith Myers
Vernon Myers
Vivian Lewis
Merton and Kathy Myers
Kleston Whitaker
Thomas and Evelyn Dashiell
Felicia & Wilbur Greenfield
The Wood Family
Greg & Vivian Claytor

Michelle Jordan
Shannon Stewart
The John Jennifer Family
Debra Newsome
The Cooper Family
Ryder Turner
Nellie Barbour
Yvonne Hancock
Laverne and Charles Foster
The Family of Nancy Washington



To add your name or prayer requests to the list or to include someone you know who could use our collective prayers, please reach out to us. Let us come together in faith, knowing that where two or three gather in His name, there He is with us (Matthew 18:20). May our prayers be a source of strength and solace, and may they bring us closer to the heart of God.

Prayer requests can be submitted through the church's website metroumcindianhead.com/Prayer-Request or by clicking the QR code.



PRAYER



CHURCH CALENDAR

OCTOBER

- **Thursday, October 17** at 7:00 pm (*Via Zoom*) - Bible Study
- **Thursday, October 24** at 7:00 pm (*Via Zoom*) - Bible Study
- **Saturday, October 26** at 11:00 am (*In Person*) - United Methodist Men Meeting
- **Saturday, October 26** at 1:00 pm (*Via Zoom*) - Church Conference
- **Sunday, October 27** at 10:00 am (*In Person*) - Youth Sunday School
- **Sunday, October 27** at 11:00 am (*In Person*) - United Women in Faith
- **Monday, October 28** at 7:00 pm (*Via Zoom*) - Unified Board
- **Thursday, October 31** at 7:00 pm (*Via Zoom*) - Bible Study

NOVEMBER

- **Thursday, November 7** at 7:00 pm (*Via Zoom*) - Bible Study
- **Sunday, November 10** at 10:00 am (*In Person*) - Youth Sunday School
- **Sunday, November 10** at 11:30 am (*In Person*) - Trustee Meeting
- **Tuesday, November 12** at 7:00 pm (*Via Zoom*) - Finance Meeting
- **Thursday, November 14** at 7:00 pm (*Via Zoom*) - Bible Study
- **Sunday, November 17** at 10:00 am (*Via Zoom*) - Men's Day
- **Thursday, November 21** at 7:00 pm (*Via Zoom*) - Bible Study
- **Sunday, November 24** at 10:00 am (*In Person*) - Youth Sunday School
- **Sunday, November 24** at 11:00 am (*In Person*) - United Women in Faith
- **Monday, November 25** at 7:00 pm (*Via Zoom*) - Unified Board
- **Thursday, November 28** at 7:00 pm (*Via Zoom*) - Bible Study
- **Saturday, November 30** at 11:00 am (*In Person*) - United Methodist Men

ANNOUNCEMENTS



SOCKTOBER

During the month of October, Metropolitan is collecting socks for those in need.

We will be collecting **NEW** socks, in **ALL** sizes, styles and colors.

Socks will be donated to Lifestyles of Maryland and our own Food Distribution Program.

Please bring in your donations and place your socks located in the foyer.

For more information, see Sis. Marcia Gutrick

INVITES YOU TO
BIBLE STUDY
WITH PASTOR FAYE

THURSDAYS 7 PM VIA ZOOM

GENESIS to REVELATION

*A Comprehensive Verse-by-Verse
Exploration of the Bible*

This Week's Lesson: Chapter 7
Abraham and His Descendants
(Genesis 20-24)

To connect using your smart phone, tablet or computer (video & audio)
<https://zoom.us/j/97076134594> Meeting ID: 970 7613 4594

To connect using your telephone (audio only)
(301) 715-8592 - Meeting ID: 970 7613 4594
When asked for the Participant ID, enter #
Then press # again to enter the meeting.

To register



*Purchase book through Amazon or call Metropolitan on
(301) 375-9088 to get details about how to get the book.*



Sunday School Superintendent

Are you passionate about Bible study and eager to make a positive impact in the spiritual growth and discipleship of the youth? Metropolitan is seeking a committed individual to serve as the Youth Sunday School Superintendent.

Key Responsibilities

- Curriculum Planning and Implementation
- Teacher Recruitment and Training
- Program Administration
- Communication and Coordination
- Spiritual Guidance and Support



What is the significance to the TREE OF LIFE?

It connects us to our ancestral roots and divinity.

**Leaf: \$250 Acorn: \$500
Foundation Stone: \$1,000**

Monthly Installment Payment Plans Available

*Pick up a brochure in the Fellowship Hall,
contact Sis. Sheila Myers on (301) 326-0369 or see Sis. Nickki Harris*

By purchasing a leaf, an acorn or a foundation stone, you will

- Memorialize or honor someone special in your life
- Leave a permanent memorial to family and loved ones
- Support and commit to the spiritual development and growth of our church

Dust Off Your Metro UMC Church Bank



Don't have one? See Sis. Diane Butler
SAVE YOUR LOOSE CHANGE FOR METROPOLITAN

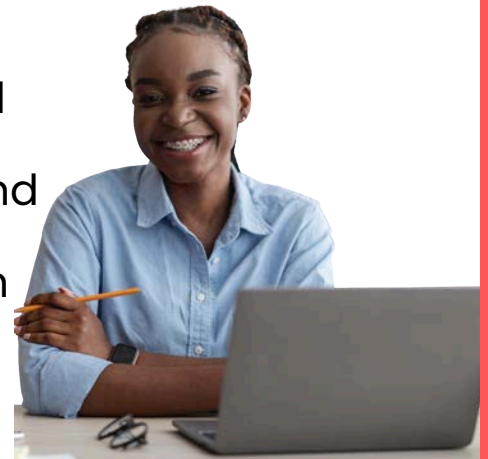
Get a bank. Fill it up. Bring it back to church.
Get it back...and REPEAT

Membership Secretary

Are you an organized and detail-oriented individual with a passion for community and service? Metropolitan is seeking a dedicated Membership Secretary to help us grow and connect with our members.

Key Responsibilities

- Maintain accurate and up-to-date membership records
- Assist with member communication and outreach
- Coordinate new member orientations and welcome events
- Provide administrative support to church staff and committees
- Handle confidential information with the utmost integrity



 **METROPOLITAN**
UNITED METHODIST CHURCH

Lay Leader

Are you passionate about your faith and eager to make a difference? Metropolitan is seeking dedicated and inspirational Lay Leaders to help guide the congregation.

Role Responsibilities

- Provide spiritual guidance and support to our congregation
- Lead worship services and prayer meetings
- Organize and participate in community outreach programs
- Collaborate with church leadership to plan and execute church activities

Qualifications:

- Strong commitment to Christian values and teachings
- Excellent communication and leadership skills
- A heart for service and a spirit of compassion





WEEKEND BACKPACK FOOD PROGRAM

VOLUNTEERS NEEDED!

STARTING IN OCTOBER

VOLUNTEER POSITIONS:

STOCKERS

PACKERS

DRIVERS

For more information, contact
Sis. Sheila Myers on (301) 326-0369 or see Sis. Nickki Harris



October is Breast Cancer Awareness Month

- Do regular self breast exams
- Schedule annual mammograms

Join Metropolitan in **Supporting the Fighters, Admiring the Survivors, Honoring the Taken,**
and never, ever giving up **HOPE**

Ways to Give



BY MAIL

Send your checks or money orders to Metropolitan UMC
3385 Metropolitan Church Road
Indian Head, Maryland 20640

PLEASE DO NOT SEND CASH



ONLINE

Give online using our
Church Center App



Select Metropolitan United
Methodist Church



IN PERSON

Give in person on Sundays or drop
contributions off in black box at

Metropolitan Church

Sun: 9-11 am;

Mon-Wed: 9 am - 12 pm

Sat: 9 am - 11 am

METROPOLITAN UMC FOOD PANTRY GIVEAWAY



Wednesdays 4:00 - 4:30 pm
Saturdays 10:00 - 11:00 am

**OPEN TO THE
COMMUNITY**

3385 Metropolitan Church Road, Indian Head, MD

Metropolitan UMC *Community Dinners*



**OPEN TO ANYONE
WHO WANTS A MEAL**

Join us for our
Community Dinners

EVERY WEDNESDAY
from 4:00 pm - 5:00 pm

Free to the Community!

**GRAB
AND GO!**

Bring a Friend!

Sponsorship opportunities available.
Please see Pastor Faye A. Johnson

SUNDAY SCHOOL Teachers Needed

Metro UMC is seeking a Sunday School
Teachers for 2nd & 4th Sundays
for the Preschool/First grade class and
the Elementary/Middle/High School class
If interested, please see Pastor Faye



Youth Sunday School

2nd and 4th Sunday of the Month (During Service)

GROUPS

Pre-K/First Grade

Elementary/Middle/High School

REGISTRATION REQUIRED



SERVICE **TIMES**

WORSHIP SERVICE

Sundays at 10:00 am

Join us for In-Person or Virtual Worship Services

Join us on Zoom

Connect using your smartphone, table or
computer (video and audio)

Meeting ID: 961 1274 4083

Connect using your telephone (audio only)

Dial: (646) 558-8656

Meeting ID: 961 1274 4083

When prompted for the Participant ID, enter #

Then press # again to enter meeting

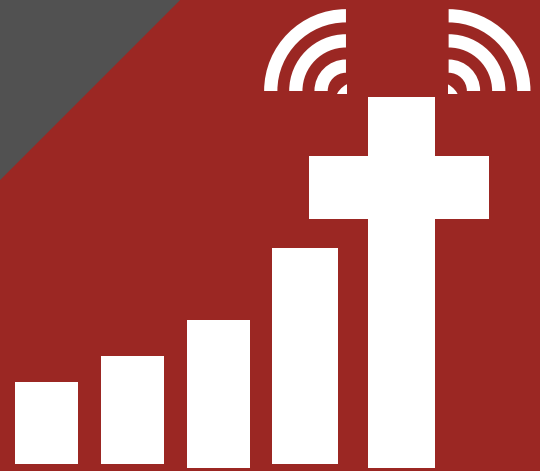
Join us on Facebook

Visit our YouTube Channel

BIBLE STUDY

Thursdays at 7:00 pm

GET **STAY** CONNECTED



CONTACT US:



(301) 375-9088



www.metroumcindianhead.com



metroumc.ofc@gmail.com



3385 Metropolitan Church Road
Indian Head, Maryland 20640



YouTube

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